



## **FOR IMMEDIATE RELEASE**

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### **Centering Healthcare Institute Announces Three to Board of Directors**

**BOSTON** (January 17, 2017) – [Centering Healthcare Institute](#), the nonprofit that developed and supports the Centering® group health care model, announced the appointment of three new members to its Board of Directors. Joining the board are Andrea L. Darby-Stewart, M.D., George A. Little, M.D., and Monica R. McLemore, Ph.D., M.P.H., R.N.

“We are very pleased to welcome these three outstanding leaders to our board,” said Angie Truesdale, CEO of Centering Healthcare Institute. “Their energy and clinical experience will strengthen our organization as it continues to grow and to expand the Centering model to new healthcare providers and settings. Centering Healthcare Institute will benefit tremendously from their collective perspectives and passions.”

**Andrea L. Darby-Stewart, M.D.**, is an experienced clinician-leader who currently serves as associate program director of the family medicine residency at HonorHealth, a large nonprofit health system in Scottsdale, Ariz. She is also a clinical associate professor in the Department of Family and Community Medicine at the University of Arizona. As a family physician, she is devoted to creating excellence in patient care. A longtime member of the Academy of Family Physicians, she is an editorial advisory board member and expert panelist for PL Voices, a clinical webinar series from Prescriber’s Letter.

**George A. Little, M.D.**, is a neonatology pioneer with nearly a half-century of pediatrics experience. He is an active emeritus professor of pediatrics and of obstetrics and gynecology at the Geisel School of Medicine at Dartmouth College. As a Fellow of the American Academy of Pediatrics, he was recently honored with the Virginia Apgar Award, given annually by the American Academy of Pediatrics to an individual whose career has had a continuing influence on the well-being of newborns. He also served as chair of Department of Maternal and Child Health at the Dartmouth-Hitchcock Medical Center in Lebanon, N.H., and is currently active with global perinatal medicine.

**Monica R. McLemore, Ph.D., M.P.H., R.N.**, has extensive experience as a nurse trained in public health, an accomplished research scientist, educator and advocate for reproductive health. The longtime Centering champion is currently an assistant professor of family health care nursing at the University of California, San Francisco, as well as a member of the Dean's Research Committee and a per diem staff nurse at San Francisco General Hospital. McLemore has held several clinical leadership and nursing positions at organizations including Mercer Medical Center, the Visiting Nurse Association, the Women's Needs Center, Kaiser Permanente, Stanford Hospital and Clinics, and Planned Parenthood.

Centering Healthcare Institute has developed and sustained the Centering model – an innovative, evidence-based model of group care aimed at effectively addressing the complex social determinants of health – in more than 450 practice sites and within some of the largest health systems in the world. The two types of models currently offered, CenteringPregnancy® and CenteringParenting®, combine health assessment, interactive learning and community building to deliver better health outcomes and a better care experience for patients and their providers.

### **About Centering Healthcare Institute**

Centering Healthcare Institute is improving health by transforming care through Centering groups. The nonprofit organization works to expand access to Centering by supporting clinical practice sites that offer CenteringPregnancy and CenteringParenting, through training, implementation support, data management tools, and advocacy. For more information, visit [www.centeringhealthcare.org](http://www.centeringhealthcare.org).

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